

# MOSCOW FLYER RESTAURANT

## CHELTENHAM FESTIVAL **TUESDAY 12TH MARCH 2024**

### **MOSCOW FLYER RESTAURANT**

### **MAIN COURSE**

### CHEF'S CARVERY

Loin of West Country Pork apple sauce, sage & onion stuffing

Roast Sirloin of Hereford Beef [100 405 kcal crispy fried onions, horseradish sauce, tarragon jus yorkshire pudding, seasonal vegetables, potatoes

### FROM THE STOVE

### Cheese & Onion Pie

### Chicken Tikka Pie R

Root Vegetable Cobbler smoked applewood cheese scone

Atlantic Cod H 194 kcal charcoal, barley & leek risotto, pancetta, tartare crumb

> Venison & Rosemary Cobbler [1110] 382 kcal smoked applewood cheese scone

### **SWEET TABLE**

### Selection of Mini Desserts 1 205 kcal

lemon & blackcurrant torte, strawberry heart, rose & rum baba, ruby strawberry gâteau, ginger rose cake, chocolate & orange cheesecake, cherry entremet, coffee opera

### **CHEESE**

Selection of British Cheese dune 227 kcal

grapes, chutney, biscuits

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On our journey to net zero, we have teamed up with Foodsteps to analyse the environmental impact of our menus. The carbon labels display the carbon footprint per serving of each item, which refers to the greenhouse gas emissions released from farm to waste. Forod items are rated based on their carbon intensity, from A (Very Low' impact) to E (Very High' impact). This rating is highlighted by a traffic light colour system.



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Food allergen, intolerance and sensitivity information is compiled using data obtained from our approved suppliers. As with every catering establishment, there is always a potential for cross-contamination to occur. While we endeavour to prevent this as far as possible, the nature of an allergen means we cannot fully guarantee that cross-contamination may not have occurred. If you have any concerns, please speak to a member of staff. Please note, this menu is subject to change

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## CHELTENHAM FESTIVAL WEDNESDAY 13TH MARCH 2024

### **MOSCOW FLYER RESTAURANT**

## MAIN COURSE

CHEF'S CARVERY

**Crown of Norfolk Turkey Televice** 316 kcal redcurrant jus, sage & onion stuffing

**Roast Leg of Cotswold Lamb** [] 1356 kcal honey & rosemary glaze, mint sauce, redcurrant jus

yorkshire pudding, seasonal vegetables, potatoes

### FROM THE STOVE

Cheese & Onion Pie 🛙 🚾 318 kcal

Chicken Tikka Pie 🖁 💶 346 kcal

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**Pan Fried Hake B10I** 348 kcal tempura samphire, potato dumpling, lemon kombu, lime & dashi broth

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### **SWEET TABLE**

### Selection of Mini Desserts 🛛 🚳 🗰 205 kcal

lemon & blackcurrant torte, strawberry heart, rose & rum baba, ruby strawberry gâteau, ginger rose cake, chocolate & orange cheesecake, cherry entremet, coffee opera

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### CHEESE

Selection of British Cheese Hung 227 kcal

grapes, chutney, biscuits

### LIGHT AFTERNOON TEA



On our journey to net zero, we have teamed up with Foodsteps to analyse the environmental impact of our menus. The carbon labels display the carbon footprint per serving of each item, which refers to the greenhouse gas emissions released from farm to waste. Food items are rated based on their carbon intensity, from A ('Very Low' impact) to E ('Very High' impact). This rating is highlighted by a traffic light colour system.



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## CHELTENHAM FESTIVAL THURSDAY 14TH MARCH 2024

### **MOSCOW FLYER RESTAURANT**

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### **MAIN COURSE**

### CHEF'S CARVERY

Loin of West Country Pork and apple sauce, sage & onion stuffing

**Roast Sirloin of Hereford Beef** <sup>405 kcal</sup> crispy fried onions, horseradish sauce, tarragon jus yorkshire pudding, seasonal vegetables, potatoes

### FROM THE STOVE

Cheese & Onion Pie 8 0118 kcal

Chicken Tikka Pie 🛙 💷 346 kcal

Irish Vegetable Stew a 353 kcal spelt dumpling

**Atlantic Cod E 1994 kcal** charcoal, barley & leek risotto, pancetta, tartare crumb

> Lamb & Guinness Stew dos kcal spelt dumpling

### **SWEET TABLE**

### Selection of Mini Desserts 🛙 💷 205 kcal

lemon & blackcurrant torte, strawberry heart, rose & rum baba, ruby strawberry gâteau, ginger rose cake, chocolate & orange cheesecake, cherry entremet, coffee opera

### CHEESE

Selection of British Cheese Sun 227 kcal

grapes, chutney, biscuits

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### LIGHT AFTERNOON TEA

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## CHELTENHAM FESTIVAL FRIDAY 15TH MARCH 2024

### **MOSCOW FLYER RESTAURANT**

### **MAIN COURSE**

### CHEF'S CARVERY

Crown of Norfolk Turkey and 316 kcal redcurrant jus, sage & onion stuffing

Roast Leg of Cotswold Lamb honey & rosemary glaze, mint sauce, redcurrant jus

yorkshire pudding, seasonal vegetables, potatoes

### FROM THE STOVE

### Cheese & Onion Pie R

Chicken Tikka Pie R

Barbecue Mushrooms, Black Bean Sauce

special fried rice

Pan Fried Hake R 10 348 kcal tempura samphire, potato dumpling, lemon kombu, lime & dashi broth

> Cantonese Sweet & Sour Pork special fried rice

### **SWEET TABLE**

Selection of Mini Desserts H 205 kcal

lemon & blackcurrant torte, strawberry heart, rose & rum baba, ruby strawberry gâteau, ginger rose cake, chocolate & orange cheesecake, cherry entremet, coffee opera

### **CHEESE**

Selection of British Cheese Hung 227 kcal

grapes, chutney, biscuits

### LIGHT AFTERNOON TEA



On our journey to net zero, we have teamed up with Foodsteps to analyse the environmental impact of our menus. The carbon labels display the carbon footprint per serving of each item, which refers to the greenhouse gas emissions released from farm to waste. Food items are rated based on their carbon intensity, from A (Very Low' impact) to E (Very High' impact). This rating is highlighted by a traffic light colour system.



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